FAQs

Am I a suitable candidate for this treatment?

Yes! As long as you are over the age of 18 and don't have any of our medical contraindications, you are suitable to have this treatment. This is because our technologies allow us to customise the treatment to suit your skin type and concerns.

How do I know which is the best facial for me?

Your therapist will sit with you during a consultation to discuss your facial concerns and will then be able to advise which facial and technologies are best suited to help you.

How long does the facial take?

The treatments last anywhere between 30 minutes and 1 hour 30 minutes depending on which facial you have. Your therapist will be able to advise on the length of treatment based on your facial selection.

What will I feel during the treatment?

During this treatment you will experience varying sensations depending on the technologies that are used by your therapist. However, the overall feeling is very relaxing, cooling and completely pain free. Our skin lifting technology may trigger slight twitching due to the muscle contractions caused by the treatment, but this is normal and does not cause any discomfort.

How will my skin react to the treatment?

You may experience minor erythema (redness) post treatment however this is reduced due to the cryo facial that is used at the end of each treatment.

What results can I expect?

The results from this treatment will vary depending on which facial you choose. However, all of these facials result in a smooth, hydrated and glowing appearance. Our antiageing facials will also display a tightened finish to the skin while our congestion facial will help with skin texture and bacteria.

How many treatments are recommended?

We recommend a course of 8 weekly treatments with results being visible following the 2nd treatment. These will continue to improve throughout the duration of the course. Maintenance treatments may be recommended by your 3D-HydrO_o facial specialist to ensure to ensure long lasting results.

Is there any downtime following treatment?

As these facials are completely non-surgical, there is no downtime from the treatments and you can continue with your day-to-day activities straight away.

What is the aftercare required?

There is no aftercare formally required, however, we will always recommend that you protect your skin with SPF 30+. Your therapist will also be able to recommend 3D-Professional Solutions skincare products that are suitable to your skin type to assist in your home regime to help to maintain results.

the ultimate #FiveStarFacial

For more information on our treatments or to book a consultation, speak to a member of our friendly team today!







MAR-H02-CPLF-REV01-09.19

Introducing 3D-Hydr acial

This #fivestarfacial provides the complete facial solution to target an array of universal skin concerns including dehydration. skin-ageing, loose skin, dull complexion, and congestion.

Through using a combination of advanced technologies, your therapist can create a bespoke facial, suited to your specific skin requirements.

The 3D-HydrO2 facial provides hydration, oxygenation, antiageing, brightening, skin-tightening and improves congestion, resulting in a glowing, brighter, more youthful looking skin.



the ultimate #FiveStarl

THE ULTIMATE #FiveStarFacial

Benefits of Treatment

Customisable to all skin types. Affordable treatments. Completely painless. Targets universal facial concerns.

Why 3D-HydrO₂ facial?

By utilising seven different technologies, we can offer more prescriptive, versatile and rounded facials than ever before.

These technologies smooth, hydrate and cleanse the skin resulting in a glowing, more youthful appearance.

The Technologies

- 1. Hydro Peel/Deep Cleanse: uses a combination of three solutions. An AHA based solution is used to cleanse and smooth the skin. While a BHA based solution helps to improve bacteria and inflamed skin. The third solution leaves the skin nourished and hydrated.
- 2. Exfoliation/Oxygenation: creates 'the Bohr effect' which allows oxygen to be drawn into the skin. The active ingredients are Kojic Acid and Retinol which result in a hydrating and brightening effect.
- 3. Oxygenation: this spray creates a venturi effect which by breaking down the molecules within the product, encourages maximum absorption allowing intense skin hydration.

A lack of oxygen slows down cell metabolism, ages the cell prematurely, reduces skin firmness and gives a pale ashen complexion. Applying oxygen to the skin with this method will help to increase cell metabolism and improve these concerns.

Some bacteria are not able to live in oxygen so applying the oxygen

to the skin will give this antibacterial effect, because of this, the treatment can also have a positive effect on congestion.

- 4. Skin Lifting: this treatment uses electroporation which increases the absorbency of the cell for product penetration. This, in turn, revitalises and 'wakes up' dull and lifeless skin.
- 5. Skin Tightening: radio frequency technology is used to increase collagen reproduction in mature skin. Skin tightening is ideal for incorporating into an anti-ageing facial.
- 6. Hydration: ultrasound technology is used for product infusion. This treatment can be used alongside the 3D-Professional Solutions Time Defence skincare range, for anti-ageing and hydration around areas where fine lines and wrinkles are likely to appear.
- 7. Fire and Ice: the 'fire' represents the heat element during treatment. Using this applicator, heat is incorporated into the beginning of the facial protocol to open the pores, increase blood supply and aid product infusion. The 'crvo facial' uses cooling technology, chilling the skin down to 5 degrees Celsius.

This is used at the end of each facial to decrease the blood supply, giving a tightening effect and sealing in the infused products. This also helps to reduce redness following the treatments.

The Facials

Due to the large number of technologies available, we are able to provide a facial that is suitable for all skin types and budgets.

Time Defence Facial (anti-ageing)

Best for:

Best for treating fine lines and wrinkles, sun damaged skin.



Results are reduction in fine lines and wrinkles, firmer skin, glowing complexion,





NO DOWNTIME



Brightening Facial

Best for:

Best for treating sun damaged skin, pigmentation and a dull complexion.

Results expected from this treatment:

Results are a glowing complexion and reduction in sun damage and pigmentation.



NO DOWNTIME



Clear Skin Facial (congestion)

Best for:

Best for treating congested skin, redness and can be suitable for a younger skin.

Results expected from this treatment:

Results are a smoother complexion and a reduction in congestion and redness.



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Clear Skin *Express* Facial



